

Shifting Landscapes

WORKSHEET

COMMUNITY

Connections with Others: Who Are They?

“Who we are thankful extends beyond ourselves to the connection between all of us”

American Utopia, David Byrne and Maira Kamlan

Some questions that might help you better understand the impact of the past 18 months relative to community - and 'close-in' connections:

1. Have you experienced any surprises as we have engaged (sort of) in a post-covid, social world?

2. Are there people, activities, or commitments that are important to you now that weren't important before covid? On the other hand, are there commitments you're thinking about dropping or have dropped?

3. Have you experienced any “hard-boot re-sets,” or wondered, when you think about it, if you might have?

4. Do you find yourself more or less eager to be engaged in community – being around and involved with friends, neighbors, civic events, social

groups, or church or political activities? Have your ideas about the meaning or value of community in your life you changed or evolved since quarantine, even if you're not sure where it's going or what you want yet?